

Men's 40-44: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Lindenberg	Daniel	44	4108	13.40 (-2.2)	4.71 (+0.1) 15-05.50	6.78 22-03.00	1.38 4-06.25	61.42	27.66 (+1.3)	23.33 76-6	4.00 13-01.50	32.33 106-1	5:06.37
					(475)	(413)	(339)	(360)	(468)	(20)	(343)	(696)	(388)	(606)
2	Triana	Asniel	44	3884	13.57 (-2.2)	4.53 (+0.6) 14-10.50	10.19 33-05.25	1.65 5-05.00	60.94	29.02 (+1.3)	35.22 115-6	1.40 4-07.00	24.36 79-11	5:20.95
					(448)	(377)	(566)	(585)	(484)	(2)	(581)	(53)	(262)	(526)

Men's 45-49: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Knudson	Adam	48	4358	13.62 (-2.2)	5.05 (+0.8) 16-07.00	9.46 31-00.50	1.56 5-01.25	64.23	20.43 (+1.3)	24.07 78-11	2.90 9-06.25	29.42 96-6	7:38.07
					(515)	(556)	(559)	(577)	(443)	(442)	(389)	(429)	(379)	(69)

Men's 50-54: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Kappen	Kent	52	5113	13.99 (-1.0)	4.27 (+1.4) 14-00.25	10.24 33-07.25	1.35 4-05.00	64.21	20.39 (+0.7)	32.43 106-4	3.60 11-09.75	34.97 114-8	5:48.98
					(531)	(431)	(595)	(449)	(513)	(372)	(517)	(714)	(485)	(506)
2	Faulkner	Lee	54	4249	14.70 (-1.0)	4.35 (+0.0) 14-03.25	9.51 31-02.50	1.41 4-07.50	72.77	18.43 (+0.7)	28.91 94-10	2.80 9-02.25	32.39 106-3	7:08.80
					(421)	(451)	(545)	(504)	(263)	(543)	(447)	(449)	(439)	(187)
3	Ness	Jayson	53	4186	13.91 (-1.0)	4.46 (+0.0) 14-07.75	9.84 32-03.50	1.32 4-04.00	65.52	22.03 (+0.7)	31.99 104-11	NH NH	35.09 115-1	5:58.85
					(543)	(477)	(568)	(419)	(470)	(254)	(508)	(0)	(488)	(459)
4	Hundl	Philip	53	4182	13.50 (-1.0)	4.27 (+1.3) 14-00.25	10.16 33-04.00	1.44 4-08.75	69.83	17.50 (+0.7)	25.92 85-0	2.60 8-06.25	17.24 56-6	7:44.98
					(612)	(431)	(590)	(528)	(341)	(634)	(389)	(389)	(177)	(91)
5	Risley	Mike	54	4115	12.74 (-1.0)	5.34 (+0.0) 17-06.25	10.31 33-10.00	1.41 4-07.50	68.28	22.00 (+0.7)	19.21 63-0	2.00 6-06.75	23.65 77-7	7:24.69
					(750)	(711)	(600)	(504)	(385)	(256)	(260)	(222)	(286)	(141)
6	Eksi	Hakan	53	3889	14.17 (-1.0)	4.24 (+1.5) 13-11.00	9.08 29-09.50	1.35 4-05.00	69.58	20.84 (+0.7)	21.66 71-0	2.40 7-10.50	30.41 99-9	6:43.32
					(502)	(423)	(515)	(449)	(348)	(338)	(306)	(331)	(404)	(273)
7	Woods	David	53	2553	15.57 (-1.0)	3.66 (+1.5) 12-00.25	9.03 29-07.50	1.26 4-01.50	1:28.24	22.01 (+0.7)	24.11 79-1	1.90 6-02.75	22.33 73-3	9:01.49
					(302)	(290)	(512)	(367)	(13)	(256)	(353)	(197)	(263)	(0)

Men's 55-59: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Hood	David	58	5376	14.65 (-0.4) 14-07.75 (504)	4.46 (+0.7) 14-07.75 (548)	10.24 33-07.25 (650)	1.41 4-07.50 (569)	68.90 (435)	19.26 (+1.9) 106-5 (545)	32.45 11-01.75 (569)	3.40 118-3 (722)	36.06 (565)	7:00.68 (269)
2	Gates	David	56	5209	13.97 (-0.4) 14-03.25 (612)	4.35 (+0.5) 31-01.25 (516)	9.48 4-06.25 (592)	1.38 (544)	68.57 (445)	18.52 (+1.9) 94-1 (614)	28.69 9-10.00 (488)	3.00 115-9 (579)	35.29 (550)	7:00.71 (269)
3	Ruuska	Jay	56	4828	13.58 (-0.4) 15-02.75 (681)	4.64 (+0.0) 26-11.00 (597)	8.20 4-07.50 (496)	1.41 (569)	66.10 (522)	18.01 (+1.9) 80-7 (663)	24.56 7-02.50 (400)	2.20 76-0 (316)	23.17 (315)	7:00.89 (269)
4	Bennett	Philip	59	3894	14.31 (-0.4) 13-01.25 (558)	3.99 (-0.1) 26-08.50 (421)	8.14 4-01.50 (492)	1.26 (426)	70.97 (375)	19.72 (+1.9) 90-2 (504)	27.50 8-10.25 (462)	2.70 (475)	NM (0)	7:28.12 (181)

Men's 60-64: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Berle	Dolf	60	6640	13.78 (-2.7) 14-01.75 (728)	4.31 (+1.3) 36-06.75 (582)	11.14 4-11.50 (706)	1.51 4-11.50 (767)	66.17 (594)	17.61 (+0.0) 134-4 (660)	40.94 10-09.75 (655)	3.30 124-11 (775)	38.08 (619)	6:08.29 (554)
2	Kibort	Mark	63	5664	13.46 (-2.7) 15-05.50 (784)	4.71 (+0.0) 32-03.00 (704)	9.83 4-05.50 (609)	1.36 (593)	66.24 (592)	19.50 (+0.0) 111-2 (482)	33.88 10-09.75 (518)	3.30 63-9 (775)	19.44 (251)	6:54.73 (356)
3	Hansen	Randy	61	4172	16.41 (-2.7) 12-00.25 (335)	3.66 (+2.1) 29-06.75 (396)	9.01 4-04.25 (548)	1.33 (560)	77.94 (261)	22.99 (+0.0) 100-9 (224)	30.71 9-02.25 (457)	2.80 101-1 (579)	30.82 (473)	6:59.34 (339)

Men's 65-69: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Niroumand	Mahmoud	66	5159	14.76 (-2.7) 14-03.75 (647)	4.36 (+1.7) 30-11.25 (684)	9.43 4-06.75 (640)	1.39 4-06.75 (714)	76.82 (353)	21.08 (+0.0) 102-10 (442)	31.36 7-02.50 (528)	2.20 128-7 (421)	39.19 (730)	DNF (0)
2	Pfeiffer	Bob	67	4477	15.44 (-2.7) 11-11.50 (543)	3.64 (+0.0) 25-10.25 (457)	7.88 4-04.25 (515)	1.33 4-04.25 (636)	79.22 (294)	23.16 (+0.0) 96-1 (292)	29.30 8-02.50 (485)	2.50 97-3 (538)	29.66 (515)	8:01.24 (202)
3	McLawhorn	David	68	4366	15.38 (-2.7) 13-04.25 (552)	4.07 (-0.1) 27-08.00 (589)	8.43 4-00.75 (559)	1.24 (536)	1:20.27 (270)	23.44 (+0.0) 92-7 (274)	28.22 8-10.25 (462)	2.70 82-9 (620)	25.22 (417)	8:49.80 (87)
4	Johnson	Donnelly	66	3128	16.90 (-2.7) 10-09.25 (347)	3.28 (-0.7) 23-09.00 (352)	7.24 3-10.50 (464)	1.18 3-10.50 (472)	1:29.43 (99)	25.72 (+0.0) 52-6 (149)	16.00 4-11.00 (215)	1.50 78-5 (183)	23.92 (389)	6:47.52 (458)
5	de la Puente	Joe	67	DNF	DNF (-2.7) (0)	2.76 (+1.3) 9-00.75 (219)	8.06 26-05.50 (530)	1.18 3-10.50 (472)	1:54.76 (0)	DNS (+na) (0)	DNS (0)	DNS (0)	DNS (0)	DNS (0)

Men's 70-74: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Jacquet-Acea	Russell	70	6546	15.23 (-3.4) (657)	4.04 (+0.0) 13-03.25 (668)	9.33 30-07.50 (616)	1.33 4-04.25 (731)	68.75 (664)	14.09 (+0.5) (824)	26.53 87-0 (487)	2.80 9-02.25 (760)	30.15 98-11 (543)	6:34.62 (596)
2	Watson	Richard	70	2619	DNF (-3.4) (0)	2.49 (+1.4) 8-02.00 (195)	10.07 33-00.50 (675)	1.12 3-08.00 (472)	DNF (0)	DNF (+0.5) (0)	27.53 90-4 (510)	1.40 4-07.00 (189)	31.64 103-9 (578)	13:08.31 (0)
3	Larsen	Bob	70	2585	16.20 (-3.4) (515)	2.55 (+1.8) 8-04.50 (209)	7.31 23-11.75 (457)	1.18 3-10.50 (544)	1:23.70 (258)	22.60 (+0.5) (86)	16.12 52-10 (252)	1.00 3-03.25 (70)	13.32 43-8 (171)	10:01.18 (23)

Men's 75-79: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Monesmith	Frederick	75	4721	16.30 (-3.4) (580)	3.14 (+0.0) 10-03.75 (443)	10.33 33-10.75 (780)	1.21 3-11.50 (661)	DNF (0)	18.08 (+0.5) (497)	32.26 105-10 (717)	2.00 6-06.75 (482)	27.16 89-1 (561)	DNF (0)
2	Gast	Monte	75	3702	19.66 (-3.4) (194)	3.17 (+1.4) 10-04.75 (453)	7.87 25-10.00 (565)	1.15 3-09.25 (585)	1:38.11 (82)	22.44 (+0.5) (168)	22.87 75-0 (468)	2.10 6-10.75 (527)	24.87 81-7 (502)	9:10.18 (158)
3	Miller	Bryan	76	3382	18.69 (-3.4) (287)	2.40 (+0.2) 7-10.50 (215)	9.51 31-02.50 (709)	1.09 3-06.75 (512)	1:46.81 (8)	20.24 (+0.5) (313)	24.17 79-3 (502)	1.50 4-11.00 (268)	25.73 84-5 (524)	10:14.39 (44)

Men's 85-89: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Shipp	Phil	88	3745	21.82 (-3.4) (168)	2.76 (-1.4) 9-00.75 (523)	10.18 33-04.75 (848)	1.09 3-06.75 (679)	2:06.20 (4)	29.17 (+0.5) (72)	25.97 85-2 (785)	1.70 5-07.00 (525)	NM NM (0)	10:49.08 (141)

Women's 45-49: 2023 USATF Masters Heptathlon - Walnut, CA

#	Last Name	First	Age	Points	HH	HJ	SP	200	LJ	JT	800
1	Tweto	Katie	49	3744	14.37 (+0.4)	1.31	9.32	36.19 (-2.5)	4.48 (+1.0)	28.77	3:14.99
						4-03.50	30-07.00		14-08.50	94-4	
					(743)	(588)	(611)	(237)	(603)	(590)	(372)

Women's 50-54: 2023 USATF Masters Heptathlon - Walnut, CA

#	Last Name	First	Age	Points	HH	HJ	SP	200	LJ	JT	800
1	Pierce	Erika	52	4399	14.02 (+1.1)	1.34	9.25	30.15 (-2.5)	4.21 (+0.5)	31.27	3:30.05
						4-04.75	30-04.25		13-09.75	102-7	
					(860)	(712)	(561)	(690)	(598)	(659)	(319)

Women's 60-64: 2023 USATF Masters Heptathlon - Walnut, CA

#	Last Name	First	Age	Points	HH	HJ	SP	200	LJ	JT	800
1	McDonald	Sue	60	6269	13.83 (+1.1)	1.37	8.14	29.08 (-2.5)	4.12 (+0.6)	29.77	2:27.19
						4-06.00	26-08.50		13-06.25	97-8	
					(1047)	(966)	(596)	(964)	(756)	(799)	(1141)
2	Gunneson	Pamela	62	2426	19.75 (+1.1)	1.07	7.21	43.91 (-2.5)	2.58 (+1.2)	19.30	4:04.50
						3-06.00	23-08.00		8-05.75	63-4	
					(362)	(502)	(513)	(128)	(212)	(483)	(226)

Women's 65-69: 2023 USATF Masters Heptathlon - Walnut, CA

#	Last Name	First	Age	Points	HH	HJ	SP	200	LJ	JT	800
1	Smith	Darcy	68	1182	DNF (+na)	0.98	6.04	70.25 (-2.5)	1.60 (+0.8)	10.15	DNF
						3-02.50	19-09.75		5-03.00	33-3	
					(0)	(449)	(465)	(0)	(17)	(251)	(0)

Women's 35-39: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Malone	Kira	38	3106	15.83 (-1.9)	3.87 (+0.0)	9.15	1.31	1:23.13	20.11 (+1.5)	25.15	2.60	21.81	9:00.55
						12-08.50	30-00.25	4-03.50			82-6	8-06.25	71-6	
					(349)	(306)	(495)	(439)	(92)	(304)	(372)	(417)	(332)	(0)

Women's 40-44: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Hamay	Marie	44	3220	16.80 (-2.5)	3.11 (+1.3)	9.25	1.28	1:20.20	16.86 (+na)	25.56	2.33	21.77	9:17.95
						10-02.50	30-04.25	4-02.25			83-10	7-07.75	71-5	
					(272)	(178)	(550)	(481)	(202)	(375)	(414)	(372)	(375)	(1)

Women's 45-49: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Herzner	Angela	48	6289	14.91 (-2.5)	4.26 (+1.5)	13.24	1.40	70.47	13.68 (+na)	37.35	3.03	25.88	7:59.54
						13-11.75	43-05.25	4-07.00			122-6	9-11.25	84-11	
					(592)	(535)	(926)	(701)	(547)	(840)	(732)	(729)	(521)	(166)
2	Goff	Deia	46	3280	15.52 (-2.5)	3.55 (+1.6)	8.44	1.16	1:34.79	19.20 (+na)	22.84	2.23	20.44	8:44.35
						11-07.75	27-08.25	3-09.50			74-11	7-03.75	67-0	
					(505)	(329)	(541)	(409)	(30)	(219)	(404)	(389)	(392)	(62)

Women's 55-59: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Hedges	Jennifer	58	5926	16.36 (-2.5)	3.84 (+1.3)	8.52	1.37	1:20.44	15.27 (+na)	24.51	2.43	27.81	7:41.11
						12-07.25	27-11.50	4-06.00			80-5	7-11.50	91-3	
					(561)	(554)	(563)	(855)	(446)	(769)	(558)	(609)	(651)	(360)

Women's 60-64: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Scott	Daphne	63	6634	14.79 (-1.4)	3.78 (+1.2)	8.24	1.22	73.35	15.82 (+na)	19.86	2.33	17.02	6:40.82
						12-05.00	27-00.50	4-00.00			65-2	7-07.75	55-10	
					(877)	(620)	(605)	(724)	(776)	(781)	(491)	(637)	(416)	(707)

Women's 65-69: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Branch	Nicki	65	3772	17.80 (-1.4)	2.63 (+1.2)	7.29	1.01	1:46.84	20.81 (+na)	14.75	1.43	19.96	9:27.00
						8-07.50	23-11.00	3-03.75			48-4	4-08.25	65-6	
					(556)	(279)	(587)	(491)	(110)	(348)	(390)	(251)	(577)	(183)

Women's 70-74: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Glynn	Kay	70	7190	16.81 (-1.4)	4.04 (+1.8)	7.08	1.19	1:32.34	17.08 (+na)	18.88	2.73	19.79	9:39.24
	AMERICAN RECORD					13-03.25	23-02.75	3-10.75			61-11	8-11.50	64-11	
					(776)	(962)	(646)	(879)	(498)	(823)	(610)	(1112)	(659)	(225)

Women's 75-79: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Trotto	Mary	76	2636	22.68 (-1.4)	1.76 (+1.5)	7.24	0.86	2:20.96	35.28 (+na)	15.64	1.03	14.40	10:34.32
						5-09.25	23-09.00	2-09.75			51-3	3-04.50	47-3	
					(246)	(102)	(599)	(419)	(0)	(0)	(478)	(152)	(465)	(175)

Women's 85-89: 2023 USATF Masters Decathlon - Walnut, CA

#	Last Name	First	Age	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
1	Meiler	Florence	89	3202	24.68 (-1.4)	1.66 (+1.5)	4.89	0.89	2:50.96	34.89 (+na)	12.53	1.33	8.51	13:41.92
	AMERICAN RECORD					5-05.50	16-00.50	2-11.00			41-1	4-04.25	27-11	
					(297)	(188)	(522)	(632)	(0)	(89)	(531)	(511)	(355)	(77)