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Decamouse Presents:

Men's & Women's American Record Details (*)

(Version 2023-01-01)

(*) All scoring is based on the latest 2023 WMA scoring tables

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Decamouse's American Record Details: Men's Decathlon

| Age Group | Last Name | First | Age | Venue | Date | Points | 100 | LJ | SP | HJ | 400 | HH | DT | PV | JT | 1500 |
|-----------|-----------|--------|-----|--------------------|-----------|--------|-----------------------|-----------------------------------|----------------------------|--------------------------|------------------|-----------------------|--------------------------|---------------------------|-------------------------|-------------------|
| M35 | Janvrin | Kip | 35 | Eugene, OR | 6/21/2001 | 8496 | 10.98 (+1.1) (865) | 7.01 (+2.9) 23-00.00 (878) | 14.21 46-07.50 (781) | 1.89 6-02.25 (723) | 48.41 (931) | 14.72 (+1.2) (891) | 45.59 149-7 (779) | 5.20 17-00.75 (991) | 60.41 198-2 (784) | 4:14.96 (873) |
| M40 | Janvrin | Kip | 40 | San Sebastian, ESP | 8/23/2005 | 8451 | 11.56 (-0.8) (821) | 6.78 (+1.0) 22-03.00 (918) | 14.01 45-11.75 (825) | 1.80 5-10.75 (723) | 49.46 (955) | 15.40 (+0.2) (874) | 42.70 140-1 (736) | 4.70 15-05.00 (920) | 58.43 191-8 (822) | 4:25.87 (857) |
| M45 | Burton | David | 45 | San Marcos, TX | 9/26/2015 | 7488 | 12.07 (+1.3) (799) | 5.97 (+2.1) 19-07.00 (795) | 11.52 37-09.50 (708) | 1.76 5-09.25 (767) | 55.19 (777) | 16.32 (+0.6) (839) | 35.00 114-10 (624) | 4.25 13-11.25 (856) | 46.79 153-6 (688) | 5:12.09 (635) |
| M50 | Coushay | Brian | 50 | Neosho, MO | 7/5/2014 | 7363 | 11.93 (+3.0) (910) | 6.33 (-0.3) 20-09.25 (1005) | 11.63 38-02.00 (693) | 1.75 5-08.75 (850) | 56.68 (792) | 16.99 (-2.1) (686) | 40.53 132-11 (682) | 3.20 10-06.00 (579) | 44.14 144-9 (652) | 5:47.36 (514) |
| M55 | Murray | Bill | 55 | Lahti, FIN | 7/28/2009 | 7614 | 12.98 (-1.8) (789) | 5.57 (-1.4) 18-03.25 (876) | 12.29 40-04.00 (806) | 1.66 5-05.25 (840) | 60.98 (701) | 16.09 (-0.6) (867) | 37.48 122-11 (680) | 3.80 12-05.50 (877) | 37.43 122-9 (592) | 5:46.54 (586) |
| M60 | Osland | Doug | 60 | San Antonio, TX | 6/27/2015 | 7244 | 13.12 (+0.7) (847) | 5.25 (+1.2) 17-02.75 (881) | 11.95 39-02.50 (768) | 1.61 5-03.25 (878) | 64.72 (643) | 17.05 (+0.4) (718) | 40.55 133-0 (647) | 3.60 11-09.75 (898) | 35.49 116-5 (567) | 6:44.19 (397) |
| M65 | Atherton | Rodney | 66 | Jacksonville, FL | 5/29/2022 | 7271 | 14.06 (+1.5) (763) | 4.60 (+0.0) 15-01.25 (767) | 11.24 36-10.50 (787) | 1.53 5-00.25 (887) | 69.41 (565) | 16.80 (+0.2) (843) | 41.13 134-11 (737) | 3.25 10-08.00 (856) | 34.20 112-2 (617) | 6:49.89 (449) |
| M70 | Shipp | Phil | 70 | Mayfield, OH | 7/2/2005 | 7045 | 15.70 (-0.6) (586) | 4.39 (nwi) 14-05.00 (797) | 12.78 41-11.25 (892) | 1.37 4-06.00 (776) | 74.72 (482) | 15.37 (-2.5) (668) | 42.02 137-10 (857) | 2.60 8-06.25 (665) | 38.75 127-1 (743) | 6:38.37 (579) |
| M75 | Hewitt | Robert | 75 | Joplin, MO | 6/21/2008 | 7143 | 14.37 (+1.1) (883) | 4.28 (nwi) 14-00.50 (871) | 9.09 29-10.00 (672) | 1.34 4-04.75 (840) | 69.87 (725) | 15.04 (-0.5) (824) | 28.37 93-1 (613) | 2.70 8-10.25 (825) | 24.19 79-4 (484) | 7:44.85 (406) |
| M80 | Hewitt | Robert | 80 | Charlotte, NC | 6/22/2013 | 7052 | 15.39 (-0.1) (801) | 4.16 (-0.7) 13-07.75 (977) | 10.18 33-04.75 (736) | 1.25 4-01.25 (822) | 1:20.16 (564) | 15.98 (+0.0) (848) | 26.53 87-0 (666) | 2.35 7-08.50 (763) | 26.51 86-11 (571) | 8:46.90 (304) |
| M85 | Vergin | Roger | 85 | St. Charles, MO | 8/27/2022 | 4827 | 17.53 (-0.8) (616) | 3.04 (+0.2) 9-11.75 (648) | 7.70 25-03.25 (610) | 0.94 3-01.00 (472) | 1:52.08 (112) | 18.75 (+1.0) (743) | 20.51 67-3 (589) | 1.60 5-03.00 (467) | 19.20 63-0 (472) | 11:14.47 (98) |
| M90 | Maxwell | Ralph | 91 | Sacramento, CA | 7/6/2011 | 5320 | 19.69 (+0.9) (538) | 2.63 (+1.4) 8-07.50 (657) | 6.17 20-03.00 (551) | 1.03 3-04.50 (714) | 1:49.24 (371) | 21.62 (-1.5) (742) | 13.98 45-10 (461) | 1.40 4-07.00 (488) | 18.30 60-0 (579) | 11:35.51 (219) |

Listings as of 2023-01-01. Points based on WMA's 2023 Scoring Tables.

Decamouse's American Record Details: Women's Decathlon

| Age Group | Last Name | First | Age | Venue | Date | Points | 100 | LJ | SP | HJ | 400 | HH | DT | PV | JT | 1500 |
|-----------|----------------|-----------|-----|-------------------|-----------|--------|-----------------------|----------------------------------|----------------------------|--------------------------|------------------|-----------------------|-------------------------|---------------------------|-------------------------|-------------------|
| W35 | Colby | Stephanie | 39 | Slippery Rock, PA | 6/24/2017 | 3357 | 14.88 (+1.9) (474) | 4.11 (+0.0) 13-06.00 (364) | 8.43 27-08.00 (447) | 1.42 4-07.75 (555) | 79.71 (153) | 20.37 (+0.0) (283) | 23.75 77-11 (346) | 3.20 10-06.00 (641) | 9.12 29-11 (94) | DNF (0) |
| W40 | Herzner | Angela | 44 | Waukesha, WI | 6/8/2019 | 5871 | 14.40 (-0.8) (584) | 4.62 (-0.6) 15-02.00 (567) | 13.51 44-04.00 (866) | 1.47 4-09.75 (701) | 68.41 (527) | 13.11 (-0.1) (854) | 30.37 99-7 (511) | 3.00 9-10.00 (637) | 25.68 84-3 (458) | 7:40.42 (166) |
| W45 | Senn-Griffiths | Caryl | 47 | Joplin, MO | 6/19/2010 | 6052 | 14.19 (+1.9) (701) | 4.22 (+0.2) 13-10.25 (522) | 8.65 28-04.50 (558) | 1.40 4-07.00 (701) | 69.54 (577) | 13.82 (+1.4) (819) | 26.17 85-10 (478) | 2.20 7-02.50 (375) | 32.47 106-6 (678) | 6:03.05 (643) |
| W50 | Hedges | Jennifer | 53 | Waukesha, WI | 6/8/2019 | 6871 | 14.73 (nwi) (704) | 4.52 (-2.1) 14-10.00 (706) | 9.05 29-08.25 (546) | 1.44 4-08.75 (855) | 70.23 (653) | 13.87 (-1.1) (882) | 26.27 86-2 (539) | 2.50 8-02.50 (563) | 34.80 114-2 (745) | 6:11.91 (678) |
| W55 | Hanscom | Rita | 55 | Shoreline, WA | 8/15/2009 | 7617 | 13.94 (-0.5) (920) | 4.61 (+0.7) 15-01.50 (843) | 9.34 30-07.75 (630) | 1.36 4-05.50 (842) | 70.01 (769) | 14.10 (-0.4) (927) | 21.73 71-3 (483) | 2.70 8-10.25 (745) | 26.41 86-7 (613) | 5:56.97 (845) |
| W60 | Scott | Daphne | 62 | St. Charles, MO | 8/27/2022 | 6673 | 14.61 (+1.1) (905) | 4.14 (-0.1) 13-07.00 (762) | 8.57 28-01.50 (634) | 1.30 4-03.25 (842) | 74.99 (722) | 15.63 (+1.0) (805) | 17.78 58-4 (429) | 2.15 7-00.50 (544) | 17.71 58-1 (436) | 7:04.93 (594) |
| W65 | Hanscom | Rita | 65 | Waukesha, WI | 6/8/2019 | 7434 | 16.21 (nwi) (764) | 3.97 (-2.0) 13-00.25 (804) | 8.61 28-03.00 (718) | 1.29 4-02.75 (941) | 1:22.45 (624) | 15.67 (-1.3) (887) | 21.30 69-10 (611) | 2.40 7-10.50 (774) | 22.32 73-2 (657) | 7:12.23 (654) |
| W70 | Warren | Barbara | 70 | Slippery Rock, PA | 6/24/2017 | 3998 | 18.88 (+1.9) (521) | 2.73 (-1.1) 8-11.50 (379) | 7.12 23-04.50 (651) | 1.06 3-05.75 (655) | 1:48.24 (181) | 23.15 (+0.0) (261) | 18.92 62-1 (612) | 1.30 4-03.25 (236) | 11.63 38-2 (350) | 10:10.22 (152) |
| W75 | Warren | Barbara | 75 | St. Charles, MO | 8/27/2022 | 3323 | 21.72 (+1.1) (325) | 2.47 (+0.0) 8-01.25 (350) | 7.63 25-00.50 (639) | 1.00 3-03.25 (644) | 2:54.10 (0) | 36.47 (+1.0) (0) | 17.56 57-7 (550) | 1.45 4-09.00 (375) | 13.73 45-0 (440) | 15:57.07 (0) |

Notes: Listings as of 2023-01-01. Points based on WMA's 2023 Scoring Tables.

Decamouse's American Record Details: Women's Heptathlon

| Age Group | Last Name | First | Age | Venue | Date | Points | HH | HJ | SP | 200 | LJ | JT | 800 |
|-----------|-----------|----------|-----|-----------------|------------|--------|------------------------|--------------------------|----------------------------|-----------------------|-----------------------|----------------------------|------------------|
| W35 | Nathan | DeDee | 36 | Sacramento, CA | 7/9/2004 | 6195 | 13.64 (-1.1) (1043) | 1.75 5-08.75 (953) | 13.94 45-09.00 (824) | 25.27 (+0.0) (862) | 6.12 (+1.8) (946) | 43.29 142-0 (750) | 2:21.48 (817) |
| W40 | Guest | Rachel | 40 | Lyon, FRA | 8/4/2015 | 5336 | 11.62 (+2.5) (1093) | 1.61 5-03.25 (879) | 8.87 29-01.25 (523) | 26.04 (+1.8) (842) | 5.54 (-1.9) (862) | 31.56 18-02.25 (584) | 2:49.14 (553) |
| W45 | Pierce | Erika | 45 | San Marcos, TX | 9/17/2016 | 4928 | 12.85 (-1.0) (964) | 1.48 4-10.25 (806) | 8.60 28-02.75 (554) | 28.07 (-1.0) (761) | 4.60 (+0.0) (643) | 29.70 15-01.25 (612) | 2:52.62 (588) |
| W50 | Hedges | Jennifer | 54 | San Marcos, TX | 10/12/2019 | 4894 | 13.93 (+0.6) (872) | 1.43 4-08.25 (842) | 8.30 27-02.75 (490) | 31.31 (+3.4) (607) | 4.37 (+0.0) (654) | 36.56 14-04.00 (787) | 2:54.87 (642) |
| W55 | Jakstiene | Neringa | 55 | Waukesha, WI | 6/8/2019 | 5806 | 13.05 (-0.1) (1080) | 1.45 4-09.00 (978) | 9.55 31-04.00 (647) | 30.16 (+0.4) (783) | 5.00 (+0.0) (1004) | 22.74 16-05.00 (515) | 2:48.16 (799) |
| W60 | Hanscom | Rita | 61 | San Antonio, TX | 6/27/2015 | 5606 | 14.18 (+1.1) (998) | 1.35 4-05.00 (928) | 8.61 28-03.00 (638) | 31.78 (+1.0) (762) | 4.24 (+0.0) (804) | 27.48 13-11.00 (729) | 3:01.17 (747) |
| W65 | Hanscom | Rita | 67 | Ft. Collins, CO | 8/11/2021 | 5012 | 15.59 (-0.9) (897) | 1.24 4-00.75 (855) | 7.76 25-05.50 (634) | 33.85 (-0.9) (718) | 3.49 (-2.9) (598) | 24.20 11-05.50 (721) | 3:27.25 (589) |
| W70 | Trotto | Mary | 71 | Malaga, ESP | 9/4/2018 | 1635 | 31.59 (+1.1) (0) | 0.90 2-11.50 (409) | 6.21 20-04.50 (550) | 54.90 (-2.4) (3) | 1.94 (+0.0) (116) | 15.58 6-04.50 (499) | 5:11.65 (58) |
| W75 | Donley | Christel | 75 | Joplin, MO | 6/19/2010 | 4068 | 19.88 (+2.1) (666) | 1.09 3-06.75 (806) | 7.33 24-00.75 (608) | 40.68 (-0.3) (520) | 2.92 (+1.2) (543) | 18.82 9-07.00 (637) | 4:35.67 (288) |
| W80 | Obera | Irene | 82 | Perth, AUS | 10/28/2016 | 4142 | 18.96 (+2.0) (943) | 1.00 3-03.25 (736) | 6.29 20-07.75 (592) | 39.84 (+3.5) (680) | 2.77 (-3.6) (592) | 9.76 9-01.25 (345) | 5:03.74 (254) |

Notes: Listings as of 2023-01-01. Points based on WMA's 2023 Scoring Tables.

Decamouse's American Record Details: Men's Indoor Heptathlon

| Age Group | Last Name | First | Age | Venue | Date | Points | 60 | LJ | SP | HJ | 60H | PV | 1000 |
|-----------|------------|----------|-----|---------------|-----------|--------|---------------------------|---------------|----------------------------|--------------------------|----------------|---------------------------|------------------|
| M35 | Kuoppamaki | Mike | 39 | Kenosha, WI | 3/8/2015 | 4792 | 7.62 21-08.75 (675) | 6.62 (783) | 12.24 40-02.00 (655) | 1.74 5-08.50 (593) | 8.76 (800) | 4.10 13-05.25 (659) | 3:03.88 (627) |
| M40 | Kuoppamaki | Mike | 41 | Kenosha, WI | 1/29/2017 | 5167 | 7.57 21-05.50 (745) | 6.54 (854) | 12.89 42-03.50 (749) | 1.75 5-08.75 (679) | 8.71 (872) | 3.80 12-05.50 (634) | 3:10.21 (634) |
| M45 | Souza | Jeferson | 45 | Kenosha, WI | 1/26/2020 | 5502 | 7.67 20-07.75 (775) | 6.29 (886) | 13.26 43-06.00 (835) | 1.76 5-09.25 (767) | 8.66 (952) | 3.50 11-05.75 (609) | 3:12.73 (678) |
| M50 | Murray | Bill | 51 | Kenosha, WI | 3/5/2005 | 5123 | 8.32 18-03.25 (640) | 5.57 (778) | 12.11 39-08.75 (727) | 1.65 5-05.00 (740) | 9.65 (786) | 3.80 12-05.50 (784) | 3:21.61 (668) |
| M55 | Murray | Bill | 55 | Kenosha, WI | 3/9/2009 | 5602 | 8.37 18-01.50 (694) | 5.52 (862) | 12.34 40-06.00 (809) | 1.66 5-05.25 (840) | 9.88 (818) | 3.80 12-05.50 (877) | 3:25.95 (702) |
| M60 | Atherton | Rodney | 61 | Kenosha, WI | 1/28/2018 | 5173 | 8.78 16-09.25 (650) | 5.11 (835) | 11.53 37-10.00 (736) | 1.57 5-01.75 (831) | 10.02 (802) | 3.40 11-01.75 (816) | 4:00.65 (503) |
| M65 | Atherton | Rodney | 65 | Lynchburg, VA | 1/20/2022 | 5471 | 8.77 15-00.75 (726) | 4.59 (762) | 11.24 36-10.50 (787) | 1.53 5-00.25 (887) | 10.09 (877) | 3.30 10-09.75 (880) | 4:04.08 (552) |
| M70 | Pawlik | Emil | 70 | Kenosha, WI | 3/9/2009 | 5132 | 8.98 14-07.25 (749) | 4.45 (818) | 10.95 35-11.25 (745) | 1.41 4-07.50 (831) | 10.34 (869) | 2.60 8-06.25 (665) | 4:29.90 (455) |
| M75 | Hewitt | Bob | 75 | Kenosha, WI | 3/9/2009 | 5250 | 9.02 14-07.75 (823) | 4.46 (945) | 9.58 31-05.25 (715) | 1.32 4-04.00 (813) | 11.33 (791) | 2.60 8-06.25 (775) | 4:54.31 (388) |
| M80 | Hewitt | Bob | 80 | Kenosha, WI | 3/9/2014 | 5066 | 9.78 13-05.00 (716) | 4.09 (945) | 9.77 32-00.75 (701) | 1.18 3-10.50 (714) | 11.85 (836) | 2.40 7-10.50 (790) | 5:18.04 (364) |
| M85 | Leggitt | James | 85 | Kenosha, WI | 1/26/2020 | 2909 | 11.57 8-08.75 (447) | 2.66 (479) | 8.62 28-03.50 (698) | 1.04 3-05.00 (610) | 20.63 (74) | 1.40 4-07.00 (359) | 6:17.09 (242) |

Notes: Listings as of 2023-01-01. Points based on WMA's 2023 Scoring Tables.

Decamouse's American Record Details: Women's Indoor Heptathlon

| Age Group | Last Name | First | Age | Venue | Date | Points | 60 | LJ | SP | HJ | 60H | PV | 800 |
|-----------|-----------|----------|-----|-------------|-----------|--------|---------------------------|---------------------------|---------------------------|--------------------------|-----------------|---------------|------------------|
| W40 | Herzner | Angela | 44 | Kenosha, WI | 1/27/2019 | 4511 | 8.84 14-06.50 (610) | 4.43 43-03.25 (514) | 13.19 4-10.25 (842) | 1.48 9-02.25 (712) | 9.91 (867) | 2.80 (552) | 3:02.94 (414) |
| W45 | Herzner | Angela | 45 | Kenosha, WI | 1/26/2020 | 4886 | 9.39 14-03.00 (558) | 4.34 43-08.75 (559) | 13.33 4-08.25 (933) | 1.43 (736) | 10.05 (904) | 2.90 (668) | 2:58.39 (528) |
| W50 | Hedges | Jennifer | 54 | Kenosha, WI | 1/26/2020 | 4635 | 9.27 14-10.00 (676) | 4.52 29-05.50 (706) | 8.98 4-07.00 (541) | 1.40 (795) | 10.55 (838) | 2.40 (518) | 3:02.66 (561) |
| W55 | Hanscom | Rita | 57 | Kenosha, WI | 3/4/2012 | 5373 | 9.02 15-03.25 (833) | 4.65 32-07.50 (859) | 9.94 4-04.25 (679) | 1.33 (795) | 10.49 (920) | 2.53 (656) | 3:03.87 (631) |
| W60 | Raschker | Phil | 62 | Kenosha, WI | 3/9/2009 | 5665 | 9.19 14-07.25 (876) | 4.45 27-01.75 (893) | 8.27 4-04.00 (608) | 1.32 (879) | 10.74 (952) | 2.60 (786) | 3:08.65 (671) |
| W65 | Raschker | Phil | 65 | Kenosha, WI | 3/4/2012 | 5730 | 9.24 12-09.50 (952) | 3.90 25-06.00 (771) | 7.77 4-02.00 (635) | 1.27 (903) | 10.70 (1039) | 2.33 (729) | 3:15.22 (701) |
| W70 | Donley | Christel | 73 | Kenosha, WI | 3/10/2008 | 3613 | 10.95 9-00.00 (624) | 2.74 24-08.50 (381) | 7.53 3-06.50 (696) | 1.08 (689) | 13.92 (646) | 1.40 (286) | 4:19.67 (291) |
| W75 | Donley | Christel | 75 | Kenosha, WI | 1/16/2011 | 3350 | 11.29 8-10.00 (632) | 2.69 24-09.75 (441) | 7.56 3-06.75 (631) | 1.09 (806) | 14.75 (672) | NH (0) | 4:59.39 (168) |
| W80 | Donley | Christel | 80 | Kenosha, WI | 3/8/2015 | 3626 | 11.80 8-01.75 (626) | 2.48 22-09.25 (448) | 6.94 3-02.50 (667) | 0.98 (701) | 15.09 (802) | 0.95 (160) | 5:10.43 (222) |

Notes: Listings as of 2023-01-01. Points based on WMA's 2023 Scoring Tables.

Decamouse's American Record Details: Men's Pentathlon

| Age Group | Last Name | First | Age | Venue | Date | Points | LJ | JT | 200 | DT | 1500 |
|-----------|-----------|----------|-----|-------------------|-----------|--------|--------------------------------|--------------------------|-----------------------|--------------------------|-------------------|
| M35 | Reilly | Frank | 39 | Eagle Rock, CA | 6/20/1987 | 3532 | 5.94 (na) 19-6 (621) | 55.94 183-6 (714) | 24.84 (na) (664) | 48.18 158-1 (833) | 4:41.10 (700) |
| M40 | Thomas | Bart | 40 | Charlotte, NC | 5/21/2011 | 3704 | 6.52 (na) 21-4 ¾ (850) | 61.06 200-4 (866) | 23.18 (na) (885) | 42.05 137-11 (722) | 5:50.09 (381) |
| M45 | Janusey | Michael | 45 | Eugene, OR | 8/7/2003 | 3679 | 5.67 (-0.5) 18-7 ¾ (716) | 55.11 180-9 (840) | 24.41 -2.0 (842) | 35.13 115-3 (627) | 5:08.75 (654) |
| M50 | Coushay | Brian | 50 | Winston-Salem, NC | 7/17/2014 | 3616 | 5.80 (-0.1) 19-0 ½ (845) | 42.32 138-10 (619) | 24.59 (1.1) (898) | 42.07 138-0 (713) | 5:41.96 (541) |
| M55 | Janusey | Michael | 55 | Raleigh, NC | 5/17/2013 | 3671 | 5.19 (-1.9) 17-0 ½ (760) | 53.56 175-8 (918) | 26.76 (na) (785) | 37.60 123-4 (682) | 5:58.85 (526) |
| M60 | Kroodsma | Roger | 60 | Decatur, IL | 8/5/2004 | 3619 | 5.03 (2.3) 16-6 (807) | 40.87 134-1 (676) | 27.62 -4.0 (789) | 38.56 126-6 (608) | 5:31.44 (739) |
| M65 | Kroodsma | Roger | 65 | Oshkosh, WI | 7/9/2009 | 3716 | 4.75 (-3.1) 15-7 (818) | 39.34 129-1 (734) | 28.77 (-1.5) (774) | 38.41 126-0 (678) | 5:51.87 (712) |
| M70 | Sagedahl | Sherwood | 73 | Lisle, IL | 8/2/2012 | 3485 | 3.85 (-0.3) 12-7 ¾ (602) | 35.83 117-6 (674) | 30.37 (2.1) (731) | 33.43 109-8 (650) | 5:45.96 (828) |
| M75 | Sagedahl | Sherwood | 75 | Winston-Salem, NC | 7/17/2014 | 3620 | 3.72 (-1.7) 12-2 ½ (650) | 32.57 106-10 (704) | 31.12 (-0.7) (753) | 30.45 99-11 (669) | 6:01.04 (844) |
| M80 | Sagedahl | Sherwood | 80 | Ames, IA | 7/11/2019 | 3180 | 3.19 (0.9) 10-5 ¾ (561) | 23.81 78-1 (498) | 33.86 (-1.1) (668) | 24.10 79-1 (592) | 6:20.17 (861) |
| M85 | Carter | William | 85 | Spokane, WA | 8/7/2008 | 1982 | 2.63 (1.8) 8-7 ½ (467) | 19.15 62-10 (470) | 45.68 (0.6) (225) | 22.33 73-3 (654) | 10:35.99 (166) |
| M90 | Maxwell | Ralph | 91 | Raleigh, NC | 6/11/2011 | 2369 | 2.60 (1.3) 8-6 ½ (641) | 17.02 55-10 (529) | 43.56 (-1.2) (514) | 14.60 47-10 (487) | 11:46.48 (198) |

Notes: Listings as of 2023-01-01. Points based on WMA's 2023 Scoring Tables.

Decamouse's American Record Details: Women's Pentathlon

| Age Group | Last Name | First | Age | Venue | Date | Points | HH | HJ | SP | LJ | 800 |
|-----------|-------------|----------|-----|-------------------|-----------|--------|------------------------|--------------------------|--------------------------|--------------------------------|------------------|
| W35 | Look-Jaeger | Claire | 39 | Honolulu, HI | 8/5/2005 | 3486 | 15.85 (-1.3) (745) | 1.65 5-5 (830) | 10.41 34-2 (581) | 5.06 (2.5) 16-7 ¼ (620) | 2:29.69 (710) |
| W40 | Sluder | Anne | 42 | Jacksonville, FL | 7/23/2015 | 3719 | 13.20 (-1.3) (840) | 1.66 5-5 ¼ (941) | 8.50 27-10 ¾ (495) | 5.16 (1.2) 16-11 ¼ (735) | 2:35.62 (708) |
| W45 | Raschker | Phil | 45 | Provo, UT | 8/11/1993 | 4130 | 12.32 (na) (1047) | 1.60 5-3 (978) | 7.65 25-1 ¼ (479) | 5.35 (na) 17-6 ¾ (902) | 2:40.48 (724) |
| W50 | Raschker | Phil | 53 | Eugene, OR | 8/10/2000 | 3714 | 13.23 (na) (976) | 1.42 4-7 ¾ (818) | 9.39 30-9 ¾ (571) | 4.58 (na) 15-0 ½ (726) | 2:56.67 (623) |
| W55 | Jakstiene | Neringa | 55 | Toronto, CAN | 7/18/2019 | 4414 | 13.02 (-1.2) (1084) | 1.48 4-10 ¼ (1016) | 8.65 28-4 ½ (574) | 4.99 (0.7) 16-4 ½ (997) | 2:53.20 (743) |
| W60 | Raschker | Phil | 60 | Orono, ME | 8/2/2007 | 4333 | 13.60 (-0.8) (1080) | 1.36 4-5 ½ (941) | 7.93 26-0 ¼ (577) | 4.49 (-1.8) 14-8 ¾ (912) | 2:54.05 (823) |
| W65 | O'Connor | Nadine | 67 | Oshkosh, WI | 7/9/2009 | 4002 | 14.42 (-1.5) (1052) | 1.24 4-0 ¾ (855) | 7.96 26-1 ½ (654) | 4.18 (2.8) 13-8 ¾ (896) | 3:32.39 (545) |
| W70 | Donley | Christel | 72 | Orono, ME | 8/2/2007 | 2880 | 18.12 (-1.1) (707) | 1.09 3-6 ¾ (701) | 7.41 24-3 ¾ (682) | 2.86 (-0.1) 9-4 ¾ (428) | 4:08.59 (362) |
| W75 | Meiler | Florence | 75 | Oshkosh, WI | 7/9/2009 | 2945 | 18.63 0.0 (793) | 1.03 3-4 ½ (689) | 6.25 20-6 ¼ (500) | 3.16 (0.2) 10-4 ½ (654) | 4:31.95 (309) |
| W80 | Meiler | Florence | 80 | Winston-Salem, NC | 7/17/2014 | 2862 | 20.42 (-1.3) (796) | 0.99 3-3 (724) | 6.34 20-9 ¾ (598) | 2.46 (-0.1) 8-1 (441) | 4:54.19 (303) |
| W85 | Meiler | Florence | 87 | Ames, IA | 7/22/2021 | 2202 | 26.69 (0.6) (511) | 0.91 2-11 ¾ (666) | 5.62 18-5 ¼ (619) | 2.01 (3.1) 6-7 ¼ (347) | 6:33.18 (59) |

Notes: Listings as of 2023-01-01. Points based on WMA's 2023 Scoring Tables.

Decamouse's American Record Details: Men's Indoor Pentathlon

| Age Group | Last Name | First | Age | Venue | Date | Points | 60H | LJ | SP | HJ | 1000 |
|-----------|-----------|-------------|-----|-------------------|-----------|--------|----------------|--------------------------|---------------------------|-------------------------|------------------|
| M35 | Souza | Jeferson | 39 | Boston, MA | 3/14/2014 | 3578 | 8.47 (867) | 6.08 19-11 ½ (655) | 12.27 40-3 ¼ (657) | 1.84 6-0 ½ (679) | 2:54.42 (720) |
| M40 | Souza | Jeferson | 44 | Winston-Salem, NC | 3/1/2019 | 3909 | 8.36 (954) | 6.28 20-7 ¼ (788) | 13.29 43-7 ¼ (776) | 1.78 5-10 (705) | 3:04.63 (686) |
| M45 | Bates | Christopher | 46 | Albuquerque, NM | 3/4/2011 | 3965 | 8.94 (888) | 5.97 19-7 (795) | 12.09 39-8 (749) | 1.81 5-11 ¼ (813) | 3:08.19 (720) |
| M50 | Blakemore | Damon | 51 | Budapest, HUN | 3/25/2014 | 3991 | 8.91 (947) | 5.83 19-1 ½ (854) | 11.86 38-11 (709) | 1.63 5-4 ¼ (723) | 3:11.66 (758) |
| M55 | Blakemore | Damon | 57 | Torun, POL | 3/27/2019 | 4111 | 9.09 (984) | 5.43 17-9 ¼ (833) | 11.49 37-8 ½ (745) | 1.60 5-3 (776) | 3:17.88 (773) |
| M60 | Pawlik | Emil | 60 | Boston, MA | 3/26/1999 | 3808 | 9.30 (949) | 4.86 15-11 ½ (753) | 10.66 34-11 ¼ (671) | 1.59 5-2 ½ (859) | 3:50.60 (576) |
| M65 | Atherton | Rodney | 65 | New York, NY | 3/18/2022 | 3935 | 9.84 (927) | 4.62 15-2 (771) | 11.30 37-1 (792) | 1.47 4-9 ¼ (813) | 3:53.08 (632) |
| M70 | Pawlik | Emil | 70 | Landover, MD | 3/20/2009 | 3762 | 10.40 (858) | 4.51 14-9 ¼ (840) | 11.15 36-7 (761) | 1.39 4-6 ¼ (803) | 4:22.80 (500) |
| M75 | Hewitt | Robert | 75 | Landover, MD | 3/20/2009 | 3789 | 11.14 (823) | 4.33 14-2 ½ (891) | 9.20 30-2 ¼ (681) | 1.33 4-4 ¼ (831) | 4:25.31 (563) |
| M80 | Hewitt | Robert | 80 | Boston, MA | 3/14/2014 | 3617 | 11.72 (860) | 4.00 13-1 ½ (903) | 9.64 31-7 ½ (690) | 1.23 4-0 ½ (785) | 5:14.95 (379) |
| M85 | Maxwell | Ralph | 88 | Boston, MA | 3/28/2008 | 2410 | 15.10 (558) | 2.80 9-2 ¼ (540) | 7.29 23-11 (571) | 1.07 3-6 (653) | 7:06.43 (88) |
| M90 | Maxwell | Ralph | 92 | Bloomington, IN | 3/16/2012 | 2916 | 15.97 (722) | 2.54 8-4 (608) | 7.24 23-9 (668) | 1.00 3-3 ¼ (661) | 7:03.83 (257) |

Notes: Listings as of 2023-01-01. Points based on WMA's 2023 Scoring Tables.

Decamouse's American Record Details: Women's Indoor Pentathlon

| Age Group | Last Name | First | Age | Venue | Date | Points | 60H | HJ | SP | LJ | 800 |
|-----------|-----------|----------|-----|-------------------|-----------|--------|-----------------|--------------------------|--------------------------|--------------------------|------------------|
| W35 | Guest | Rachel | 38 | Budapest, HUN | 3/25/2014 | 3346 | 9.31 (846) | 1.60 5-3 (771) | 8.30 27-2 ¾ (438) | 5.43 17-9 ¾ (729) | 2:42.12 (562) |
| W40 | Guest | Rachel | 40 | Albuquerque, NM | 3/4/2016 | 3602 | 9.28 (991) | 1.47 4-9 ¾ (701) | 9.34 30-7 ¾ (557) | 5.17 16-11 ½ (738) | 2:43.49 (615) |
| W45 | Guest | Rachel | 46 | New York, NY | 3/18/2022 | 3904 | 9.31 (1046) | 1.50 4-11 (830) | 8.99 29-6 (585) | 5.17 16-11 ½ (837) | 2:50.99 (606) |
| W50 | Raschker | Phil | 53 | Boston, MA | 3/24/2000 | 3757 | 9.87 (963) | 1.45 4-9 (867) | 9.13 29-11 ½ (552) | 4.67 15-4 (759) | 2:57.30 (616) |
| W55 | Jakstiene | Neringa | 55 | Winston-Salem, NC | 3/1/2019 | 4532 | 9.59 (1086) | 1.48 4-10 ¾ (1016) | 9.94 32-7 ½ (679) | 5.00 16-5 (1004) | 2:52.85 (747) |
| W60 | Raschker | Phil | 60 | Boston, MA | 3/23/2007 | 4153 | 10.04 (1077) | 1.33 4-4 ¾ (891) | 8.41 27-7 ¾ (620) | 4.27 14-0 ¾ (816) | 3:00.96 (749) |
| W65 | Raschker | Phil | 65 | Jyvaskyla, FIN | 3/23/2007 | 4204 | 10.62 (1052) | 1.30 4-3 ¾ (953) | 7.55 24-9 ¾ (613) | 4.18 13-8 ¾ (896) | 3:16.30 (690) |
| W70 | Donley | Christel | 72 | Boston, MA | 3/23/2007 | 3093 | 12.89 (791) | 1.12 3-8 (759) | 7.75 25-5 ¾ (719) | 2.94 9-7 ¾ (461) | 4:08.47 (363) |
| W75 | Meiler | Florence | 72 | Albuquerque, NM | 3/4/2011 | 2877 | 13.41 (850) | 1.06 3-5 ¾ (747) | 7.18 23-6 ¾ (593) | 2.76 9-0 ¾ (472) | 4:49.25 (215) |
| W80 | Obera | Irene | 81 | Winston-Salem, NC | 3/20/2015 | 2725 | 17.85 (493) | 1.02 3-4 (771) | 6.97 22-10 ½ (671) | 2.72 8-11 ¾ (567) | 5:10.03 (223) |
| W85 | Meiler | Florence | 87 | New York, NY | 3/18/2022 | 2388 | 18.73 (625) | 0.92 3-0 ¾ (689) | 5.47 17-11 ½ (600) | 2.05 6-8 ¾ (367) | 6:14.93 (107) |

Notes: Listings as of 2023-01-01. Points based on WMA's 2023 Scoring Tables.

Decamouse's American Record Details: Men's Throws Pentathlon

| Age Group | Last Name | First | Age | Venue | Date | Points | HT | SP | DT | JT | WT |
|-----------|------------|---------|-----|----------------|------------|--------|--------------------------|---------------------------|--------------------------|--------------------------|---------------------------|
| M35 | Kruger III | Alfred | 35 | Ashland, OH | 9/21/2015 | 4396 | 70.81 232-3 (1053) | 14.28 46-10 ¼ (785) | 47.47 155-9 (818) | 46.84 153-8 (572) | 22.48 73-9 (1168) |
| M40 | Landa | Mark | 40 | Mesa, AZ | 5/25/2013 | 4120 | 53.13 174-3 (800) | 15.03 49-3 ¾ (896) | 47.35 155-4 (834) | 48.22 158-2 (649) | 17.42 57-2 (941) |
| M45 | Cole | Eric | 45 | Arlington, TX | 7/18/2015 | 4148 | 52.94 173-8 (858) | 13.78 45-2 ½ (873) | 51.24 168-1 (988) | 34.34 112-8 (465) | 16.65 54-7 ½ (964) |
| M50 | Cole | Eric | 51 | Seattle, WA | 8/21/2021 | 4214 | 55.70 182-9 (884) | 13.91 45-7 ¾ (855) | 51.92 170-4 (919) | 38.29 125-7 (545) | 19.84 65-1 ¼ (1011) |
| M55 | Goldhammer | John | 57 | Sacramento, CA | 7/16/2011 | 4411 | 52.62 172-7 (905) | 13.93 45-8 ½ (932) | 46.17 151-5 (875) | 41.11 134-10 (666) | 18.84 61-9 ¾ (1033) |
| M60 | Goldhammer | John | 61 | Worcester, MA | 8/2/2014 | 4534 | 57.80 189-7 (1000) | 13.96 45-9 ¾ (919) | 51.97 170-6 (874) | 38.14 125-1 (620) | 21.52 70-7 ¾ (1121) |
| M65 | Economides | Paul | 65 | Lisle, IL | 8/7/2010 | 4716 | 50.52 165-9 (955) | 14.05 46-1 ¼ (1019) | 54.99 180-5 (1043) | 35.96 117-11 (657) | 18.73 61-5 ½ (1042) |
| M70 | Ward | Robert | 71 | Reading, PA | 8/15/2004 | 4484 | 52.65 172-9 (994) | 13.48 44-2 ¾ (948) | 44.33 145-5 (914) | 35.32 115-10 (662) | 18.53 60-9 ½ (966) |
| M75 | Burke | Edward | 75 | Seattle, WA | 8/29/2015 | 4395 | 49.28 161-8 (1056) | 11.24 36-10 ½ (861) | 34.63 113-7 (782) | 29.60 97-1 (625) | 18.53 60-9 ½ (1071) |
| M80 | Lewellen | Harvey | 80 | Portland, OR | 8/22/2009 | 3926 | 41.14 134-11 (851) | 11.56 37-11 ¼ (854) | 33.69 110-6 (889) | 21.54 70-8 (437) | 16.88 55-4 ¾ (895) |
| M85 | Platts | William | 87 | Seattle, WA | 8/29/2015 | 3712 | 25.59 83-11 (587) | 9.37 30-9 (770) | 26.10 85-7 (790) | 34.80 114-2 (984) | 10.21 33-6 (581) |
| M90 | Platts | William | 91 | Las Vegas, NV | 10/11/2019 | 4177 | 24.28 79-8 (693) | 8.69 28-6 ¾ (827) | 25.16 82-6 (948) | 29.92 98-2 (1054) | 9.56 31-4 ½ (655) |
| M95 | Lane | Trent | 95 | Edmonton, CAN | 7/31/2005 | 3150 | 15.50 50-10 (539) | 5.56 18-3 (588) | 13.66 44-9 (601) | 17.72 58-1 (765) | 7.72 25-4 (657) |

Notes: Listings as of 2023-01-01. Points based on WMA's 2023 Scoring Tables.

Decamouse's American Record Details: Women's Throws Pentathlon

| Age Group | Last Name | First | Age | Ctry | Venue | Date | Points | HT | SP | DT | JT | WT |
|-----------|-----------|----------|-----|------------------|------------|------|-----------------|-----------------|-----------------|----------------|------------------|----|
| W35 | Shisslak | Sara | 35 | Lisle, IL | 8/3/2019 | 3067 | 46.38 | 11.32 | 36.92 | 31.32 | 13.15 | |
| | | | | | | | 152-2 (708) | 37-1 ¼ (643) | 121-1 (594) | 102-9 (515) | 43-1 ¾ (607) | |
| W40 | Lewis | Oneithea | 43 | Fort Collins, CO | 8/23/2003 | 4260 | 53.30 | 14.39 | 45.26 | 32.97 | 18.16 | |
| | | | | | | | 174-10 (927) | 47-2 ½ (932) | 148-6 (823) | 108-2 (614) | 59-7 (964) | |
| W45 | Lewis | Oneithea | 45 | Arlington, TX | 8/13/2005 | 4206 | 47.21 | 13.51 | 37.09 | 28.97 | 17.88 | |
| | | | | | | | 154-10 (901) | 44-4 (948) | 121-8 (726) | 95-0 (594) | 58-8 (1037) | |
| W50 | Lewis | Oneithea | 50 | Lisle, IL | 8/7/2010 | 4074 | 55.18 | 13.00 | 35.85 | 23.69 | 17.44 | |
| | | | | | | | 181-0 (1022) | 42-8 (842) | 117-7 (780) | 77-8 (476) | 57-2 ¾ (954) | |
| W55 | Lewis | Oneithea | 58 | Chelmsford, MA | 7/14/2018 | 3758 | 47.58 | 11.42 | 29.35 | 18.19 | 15.12 | |
| | | | | | | | 156-1 (971) | 37-5 ¾ (801) | 96-3 (693) | 59-8 (394) | 49-7 ¼ (899) | |
| W60 | Finsrud | Carol | 60 | San Marcos, TX | 10/15/2017 | 4167 | 35.47 | 10.40 | 39.34 | 25.01 | 15.15 | |
| | | | | | | | 116-4 (785) | 34-1 ½ (799) | 129-1 (1102) | 82-0 (655) | 49-8 ½ (826) | |
| W65 | Finsrud | Carol | 65 | Dedham, MA | 7/23/2022 | 4538 | 40.97 | 9.34 | 34.64 | 23.61 | 14.83 | |
| | | | | | | | 134-5 (1056) | 30-7 ¾ (791) | 113-7 (1082) | 77-5 (701) | 48-8 (908) | |
| W70 | Mensey | Myrle | 70 | Lisle, IL | 8/3/2019 | 4163 | 36.38 | 8.48 | 23.49 | 16.06 | 14.31 | |
| | | | | | | | 119-4 (1062) | 27-10 (801) | 77-0 (790) | 52-8 (517) | 46-11 ½ (993) | |
| W75 | Kaylor | Joy | 75 | Ft Collins, CO | 8/25/2013 | 3014 | 26.38 | 7.87 | 19.44 | 15.48 | 9.79 | |
| | | | | | | | 86-6 (625) | 25-10 (662) | 63-9 (622) | 50-9 (507) | 32-1 ½ (598) | |
| W80 | Krug | Gloria | 80 | New London, CT | 8/13/2011 | 3080 | 20.95 | 7.36 | 16.84 | 15.52 | 8.15 | |
| | | | | | | | 68-8 (569) | 24-1 ¾ (716) | 55-3 (623) | 50-11 (602) | 26-9 (570) | |
| W85 | Krug | Gloria | 85 | Chelmsford, MA | 8/20/2016 | 3268 | 18.84 | 5.96 | 15.89 | 13.33 | 7.98 | |
| | | | | | | | 61-9 (615) | 19-6 ¾ (665) | 52-1 (706) | 43-8 (608) | 26-2 ¾ (674) | |
| W90 | Krug | Gloria | 90 | Seattle, WA | 8/21/2021 | 3263 | 16.38 | 5.68 | 11.05 | 9.76 | 7.03 | |
| | | | | | | | 53-9 (662) | 18-7 ¾ (772) | 36-3 (574) | 32-0 (526) | 23-0 ¾ (729) | |
| W95 | Jarvis | Betty | 95 | Lisle, IL | 8/7/2010 | 2871 | 6.01 | 4.09 | 10.44 | 7.55 | 5.58 | |
| | | | | | | | 19-8 (256) | 13-5 (668) | 34-3 (706) | 24-9 (507) | 18-3 ¾ (734) | |

Notes: Listings as of 2023-01-01. Points based on WMA's 2023 Scoring Tables.

Decamouse's American Record Details: Men's Ultra-Weight Pentathlon

| Age Group | Last Name | First | Age | Venue | Date | Points | WT | SW | U1 | U2 | U3 |
|-----------|------------|--------|-----|-------------------|------------|--------|---------------------------|---------------------------|---------------------------|-------------------------|--------------------------|
| M35 | Landa | Mark | 39 | Seattle, WA | 8/19/2012 | 4282 | 16.68 54-8 ¾ (831) | 11.19 36-8 ½ (902) | 6.45 21-2 (1032) | 2.43 7-11 ¾ (762) | 1.52 5-0 (755) |
| M40 | Landa | Mark | 40 | Lisle, IL | 8/4/2013 | 4739 | 16.66 54-8 (894) | 11.04 36-2 ¾ (956) | 6.72 22-0 ¾ (1163) | 2.52 8-3 ¾ (857) | 1.61 5-3 ½ (869) |
| M45 | Cole | Eric | 47 | Worcester, MA | 8/6/2017 | 5086 | 15.59 51-1 ¾ (895) | 11.33 37-2 ¾ (1062) | 6.35 20-10 (1177) | 2.65 8-8 ½ (980) | 1.66 5-5 ½ (972) |
| M50 | Cole | Eric | 51 | Seattle, WA | 8/22/2021 | 5252 | 18.38 60-3 ¾ (927) | 10.69 35-1 (1075) | 6.03 19-9 ½ (1199) | 2.55 8-4 ½ (1014) | 1.64 5-4 ¾ (1037) |
| M55 | Wetenhall | James | 55 | Bowling Green, OH | 10/18/2009 | 5607 | 18.70 61-4 ¾ (1024) | 9.93 32-7 (1071) | 4.75 15-7 (991) | 2.88 9-5 ½ (1259) | 1.82 5-11 ¾ (1262) |
| M60 | Goldhammer | John | 63 | Lisle, IL | 8/7/2016 | 4753 | 19.54 64-1 ¾ (1004) | 11.03 36-2 ¾ (990) | 9.10 29-10 ¾ (1054) | 3.99 13-1 ¾ (883) | 1.84 6-0 ½ (822) |
| M65 | Goldhammer | John | 65 | Scottsdale, AZ | 6/22/2019 | 5140 | 19.73 64-8 ¾ (1106) | 10.69 35-1 (1041) | 8.42 27-7 ½ (1051) | 4.03 13-2 ¾ (973) | 1.97 6-5 ¾ (969) |
| M70 | Burke | Edward | 74 | Worcester, MA | 8/3/2014 | 4602 | 20.79 68-2 ¾ (1101) | 11.17 36-7 ¾ (927) | 8.17 26-9 ¾ (836) | 6.76 22-2 ¾ (893) | 3.30 10-10 (845) |
| M75 | Ward | Robert | 76 | Portland, OR | 8/23/2009 | 4360 | 17.82 58-5 ¾ (1024) | 9.25 30-4 ¾ (827) | 7.40 24-3 ½ (827) | 5.59 18-4 ¾ (796) | 3.14 10-3 ¾ (886) |
| M80 | Lewellen | Harvey | 80 | Portland, OR | 8/23/2009 | 4170 | 12.07 39-7 ¾ (605) | 10.51 34-5 ¾ (1361) | 7.80 25-7 ¾ (771) | 6.55 21-6 (815) | 4.04 13-3 ¾ (618) |
| M85 | Shipp | Phil | 85 | Scottsdale, AZ | 8/9/2020 | 3335 | 12.11 39-8 ¾ (711) | 6.82 22-4 ½ (971) | 5.01 16-5 ¾ (534) | 4.29 14-1 (579) | 3.16 10-4 ¾ (540) |
| M90 | Lewellen | Harvey | 90 | Lisle, IL | 8/4/2019 | 3129 | 9.83 32-3 (677) | 5.24 17-2 ¾ (869) | 4.65 15-3 ¾ (596) | 3.03 9-11 ¾ (465) | 2.60 8-6 ½ (522) |
| M95 | Joslin | Leon | 96 | Seattle, WA | 9/6/2008 | 1529 | 4.32 14-2 ¾ (321) | 2.58 8-5 ¾ (486) | 1.82 5-11 ¾ (238) | 1.54 5-0 ¾ (257) | 1.10 3-7 ½ (227) |

Notes: Listings as of 2023-01-01. Points based on WMA's 2023 Scoring Tables.

Decamouse's American Record Details: Women's Ultra-Weight Pentathlon

| Age Group | Last Name | First | Age | Venue | Date | Points | WT | SW | U1 | U2 | U3 |
|-----------|------------------|----------|-----|----------------|-----------|--------|---------------------------|---------------------------|---------------------------|--------------------------|--------------------------|
| W35 | Williams-Tinkham | Julie | 37 | Chelmsford, MA | 5/6/2018 | 3990 | 15.35 50-4 ½ (727) | 9.52 31-2 ¾ (770) | 7.80 25-7 ¼ (848) | 5.22 17-1 ½ (794) | 3.08 10-1 ¼ (851) |
| W40 | Coleman | Marilyn | 44 | Chelmsford, MA | 6/8/2019 | 4249 | 14.15 46-5 ¼ (724) | 9.15 30-0 ¼ (804) | 7.39 24-3 (870) | 5.91 19-4 ¾ (1000) | 2.85 9-4 ¼ (851) |
| W45 | Herzner | Angela | 47 | Scottsdale, AZ | 7/9/2022 | 5019 | 15.16 49-9 (860) | 9.87 32-4 ¾ (962) | 7.93 26-0 ¼ (1033) | 5.81 19-0 ¼ (1074) | 3.27 10-8 ¾ (1090) |
| W50 | Lewis | Oneithea | 50 | Lisle, IL | 8/8/2010 | 4870 | 17.52 57-5 ¾ (959) | 12.98 42-7 (1038) | 8.40 27-6 ¾ (882) | 6.22 20-5 (864) | 5.57 18-3 ¾ (1127) |
| W55 | Lewis | Oneithea | 59 | Clearwater, FL | 9/28/2019 | 4981 | 15.15 49-8 ½ (900) | 11.24 36-10 ½ (976) | 8.41 27-7 ¼ (979) | 6.88 22-7 (1073) | 4.79 15-8 ¾ (1053) |
| W60 | Lewis | Oneithea | 62 | Chelmsford, MA | 9/17/2022 | 4702 | 17.08 56-0 ½ (947) | 12.32 40-5 (925) | 9.98 32-9 (952) | 7.72 25-4 (991) | 5.28 17-4 (887) |
| W65 | Mensey | Myrle | 67 | Lisle, IL | 8/7/2016 | 4629 | 15.58 51-1 ½ (961) | 10.95 35-11 ¼ (911) | 9.41 30-10 ½ (1003) | 6.39 20-11 ¾ (900) | 4.60 15-1 ¼ (854) |
| W70 | Mensey | Myrle | 70 | Lisle, IL | 8/4/2019 | 4276 | 14.66 48-1 ¼ (1020) | 9.25 30-4 ¼ (856) | 7.45 24-5 ½ (876) | 4.58 15-0 ½ (700) | 3.98 13-0 ¾ (824) |
| W75 | Marriott | Joanne | 77 | Lisle, IL | 8/7/2016 | 3321 | 11.47 37-7 ¾ (720) | 7.70 25-3 ¾ (687) | 6.51 21-4 ¼ (660) | 5.27 17-3 ½ (680) | 3.41 11-2 ¼ (574) |
| W80 | Krug | Gloria | 82 | Lisle, IL | 8/4/2013 | 3145 | 8.01 26-3 ½ (558) | 6.28 20-7 ¼ (639) | 5.42 17-9 ½ (629) | 4.60 15-1 ¼ (684) | 3.22 10-6 ¾ (635) |
| W85 | Krug | Gloria | 85 | Lisle, IL | 8/7/2016 | 3350 | 7.50 24-7 ¼ (627) | 5.83 19-1 ½ (710) | 4.95 16-3 (686) | 3.80 12-5 ¾ (663) | 2.84 9-4 (664) |
| W90 | Krug | Gloria | 91 | Dedham, MA | 7/24/2022 | 3066 | 6.11 20-0 ½ (618) | 4.48 14-8 ½ (654) | 3.60 11-9 ¾ (592) | 2.83 9-3 ½ (588) | 2.19 7-2 ¼ (614) |

Notes: Listings as of 2023-01-01. Points based on WMA's 2023 Scoring Tables.